



the VRUGGINKS

TRAINING LEADERS IN ASIA

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Reverse Culture Shock

It's been so much fun to be back in America for the summer, but there's been some "reverse culture shock" too! Here are a few adjustments we've had to make:

- Cereal and Candy aisles - So. Many. Choices.
- Everything in America seems HUGE - The stores, refrigerator, washing machine, portion sizes, and bananas are so large!
- Sticker Shock - We've been blown away at the high cost of restaurants and going to the movie theater. Everything seems so expensive to us!
- Driving on the right side of the road after having driven on the left side of the road for almost two years.
- Drinking fountains - Our littlest kids didn't even know what they were.
- Hot tap water - Our kids have almost burnt themselves several times washing their hands because they aren't used to hot water coming from a faucet.
- Dish Washer - We love simply loading the dish washer and not having to wash dishes by hand.
- Eggs are white and stored in the refrigerator. In Thailand they brown and left on the counter.
- We can't find mangoes (besides frozen) and pineapples are expensive (and not very good). Conversely apples, peaches, cherries, and seedless grapes are cheap!



It's been fun readjusting to life in America and we've had lots of laughter and smiles along the way!

Gospel Opportunity



A few days before we left for America, a Buddhist funeral procession went by Rachel and her friend, Nok. Nok knew Rachel was a Christian and asked her some questions which gave Rachel a chance to share the gospel and hope of heaven with her. Will you please pray for this little seed that was planted in Nok to grow?

July 15-18

ABWE Missionary Enrichment Conference
Baltimore, MD

July 20

Thailand Experience
Bethpage, NY

July 21

Long Island Abundant Life Church, Morning Service
Hicksville, NY

July 21

New Covenant Church NYC Evening Service
New York, NY

July 27

Thailand Experience
Greenwood, IN

July 28

Chinese Community Church of Indianapolis
Carmel, IN

August 17

Agape Chinese Church Morning Prayer Meeting
Beavercreek, OH

August 17

Thailand Experience
Fairborn, OH

August 18

Dayton Chinese Church
Dayton, OH

August 24

Women's Missionary Tea
Grace Community Church
Hudsonville, MI

August 26

Fly Home to Thailand

Church Connections

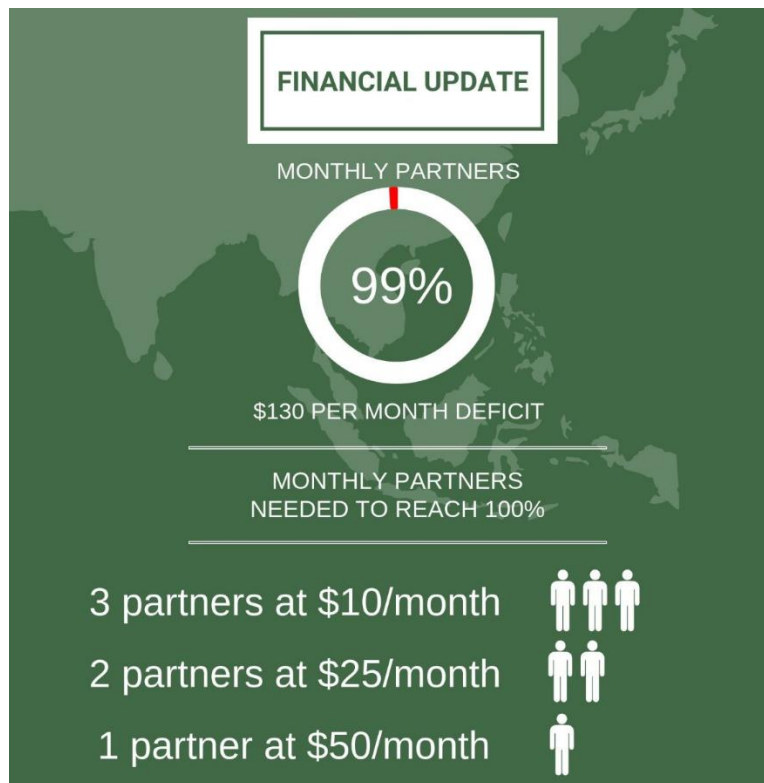


It's been a joy to connect with family and friends this month! The kids saw Grandpa Marley and most of their cousins for the first time in two years. We've also been able to share with the amazing people at Aboite Baptist Church (Fort Wayne, IN), York Baptist Church (Milan, MI), and our incredible sending church, Grace Community Church (Hudsonville, MI)! We have felt so welcomed, loved, and supported by the body of Christ!

July Travel - MD, NJ, NY, PA, & IN



July 14-30 will be our most intensive time of traveling this summer! We'll be traveling to Maryland for ABWE's Missionary Enrichment Conference, followed by connecting with supporters and churches in New Jersey, New York, and Pennsylvania. From there we head to Indiana for a week to connect with family, supporters, and a church. Please pray for safety as we drive over 2,000 miles, good health, and peaceful, joyful spirits!



Praise the Lord this month we gained some more financial support and are just \$130 per month short of being fully funded again! Will you please pray about increasing your monthly gift or becoming a new financial partner to help fill in this gap?

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Praises and Prayer Requests

Thank you so much for praising God with us and praying for our needs. Please email us with any prayer requests you have so that we can be praying for you as well!

- 1) Praise the Lord we've had fun readjusting to life in America and we've had lots of laughter and smiles along the way! Please pray for us to continue to remain healthy and peaceful as a family as we furlough this summer.
- 2) Praise the Lord for giving Rachel the opportunity to share the gospel with her friend, Nok. Please pray for Nok to become a follower of Jesus Christ.
- 3) Praise the Lord we've been able to connect with family, friends, and churches in Michigan and Indiana. Please pray for safety as we travel over 2,000 miles to visit supporters and churches in Maryland, New Jersey, New York, Pennsylvania, and Indiana this month.
- 4) Praise the Lord our support level is at 99%! Please pray for God to raise up individuals or a church to partner with us for the remaining \$130 needed for us to be fully funded again.

Thank you so much for all of your love and support!

Dreg + Rachel

